Washington Township Public Schools

District School Counseling Department Presents...

SOCIAL EMOTIONAL SKILLS



WHAT ARE SOCIAL EMOTIONAL SKILLS?

Social Emotional skills are an integral part of education and human development. SE skills are the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

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WHAT ARE SOCIAL EMOTIONAL SKILLS?

SE skills also advance educational equity and excellence through authentic school-familycommunity partnerships to establish learning environments and experiences that feature trusting and collaborative relationships, rigorous and meaningful curriculum and instruction, and ongoing evaluation. SE skills can help address various forms of inequity and empower young people and adults to cocreate thriving schools and contribute to safe, healthy, and just communities.

~ Collaboration for Academic, Social, and Emotional Learning (CASEL)



FIVE SOCIAL EMOTIONAL CORE COMPETENCIES & SUB-COMPETENCIES

Self-Management

- Understand and practice strategies for managing one's own emotions, thoughts, and behaviors
- Recognize the skills needed to establish and achieve personal and educational goals
- Identify and apply ways to persevere or overcome barriers through alternative methods to achieve one's goals





Self - Awareness Self - Awareness • Recognize one's feelings and thoughts

 Recognize the impact of one's feelings and thoughts on one's own behavior

 Recognize one's personal traits, strengths, and limitations
Recognize the importance of self-confidence in handling daily tasks and challenges

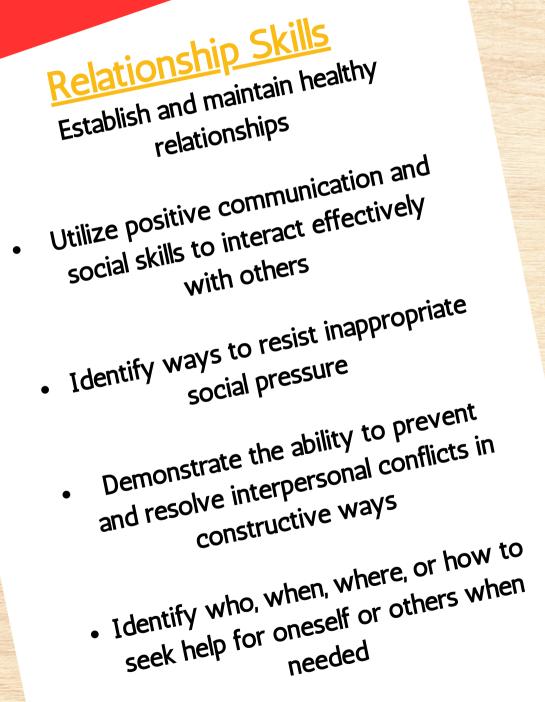
Responsible Decision Making

Develop, implement, and model effective problem-solving and critical thinking skills

 Identify the consequences associated with one's actions in order to make constructive choices

 Evaluate personal, ethical, safety, and civic impact of decisions

FIVE SOCIAL EMOTIONAL CORE COMPETENCIES & SUB-COMPETENCIES









<u>Social Awareness</u> Recognize and identify the thoughts, feelings, and perspectives of others Demonstrate an awareness of the differences among individuals, groups, and others' cultural backgrounds Demonstrate an understanding of the

need for mutual respect when viewpoints differ

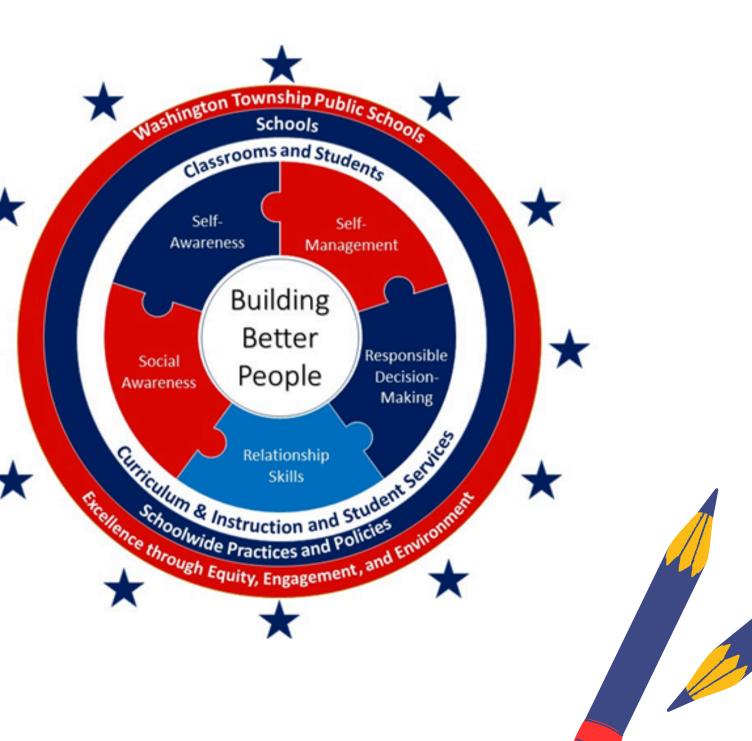
Demonstrate an awareness of the expectations for social interactions in a variety

BUILDING BETTER PEOPLE INITIATIVE

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Washington Township Public Schools are Building Better People by helping all students achieve success and plan for their futures.



SOCIAL EMOTIONAL SURVEY

Supporting Student Success

- Provide a valid and reliable way to measure and improve socialemotional needs in our district
- Create a district-wide SE common language and framework
- Build each student's SE skills and competencies
- Promote and enhance student's connection to school, positive behavior, and academic achievement
- thrive
- Develop student and staff SE skills and well-being

Our goal is to support the whole student with a research-based **SE** survey assessment

• Create an environment that is safe, caring, engaging, and where students

SURVEY INFORMATION

Grades K-2:

Classroom Teachers assigned to your child will complete 7 questions per student for the Social Emotional Teacher Perception Survey.

Grades 3-5:

Classroom Teachers will select ELA/SEL class time between to offer time for the <u>38</u> <u>questions survey</u> taking 13 minutes.



Grades 6-8: Social Studies Teachers Grades 9-11: Extended Homeroom Teachers will have a class period during week 1 to offer a time for the <u>48 questions</u> survey taking 16 minutes.

Vocabulary:

Teachers also have an opportunity to review the <u>mini-vocabulary</u> lesson with students prior to the taking the survey.

SURVEY INFORMATION

Absences: If a student is absent during the survey time, the assigned School Counselor will hold office time for completion.

Parent Approval:

If a parent declined approval for their child to take the survey, students will not have access to this site and will be offered a mindfulness <u>Body Scan</u> activity or another relevant activity by their teacher. Survey results will be available to parents and assigned school staff.

Results:

Our goals are student voice and family engagement in the Social Emotional process for your child.

Next Steps:

Staff will offer student tiered interventions such as school-wide activities and lessons, short-term individual/group school counseling or appropriate referral.

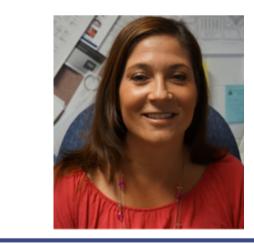
THANK YOU FOR SUPPORTING **OUR STUDENTS!**

WTPS Counseling Department Team Members









Jenny Kerfoot, **School Counselor** at **BHMS**

Jennifer Grimaldi, **Director of District** School Counseling

Kelly Chropka, School Counselor at **Birches Elementary School**

Nicole Venere, **School Counselor** at WTHS